

FLEXIBLE SEATING

IN THE CLASSROOM

Flexible seating takes students out from behind rows of desks and lets them choose from a variety of seating options.



“ I LIKE HAVING THE CHOICE TO SIT WHERE I WANT TO SIT. SOMEDAYS I FEEL DIFFERENT AND CAN CHOOSE SOMEWHERE THAT I CAN FOCUS BETTER. ”

– P.B GRADE 6

This classroom setup creates a learning environment that reflects the ever-changing, hyper-connected world we live in.





“ I REALLY LIKE READING ON THE LOUNGE. I AM COMFORTABLE AND CAN ENJOY READING AND REALLY FOCUS ON THE BOOK. ”

– K.M GRADE 6



Flexible seating allows students to form their own micro-climate...

...where they can exercise some control over the physical and mental ‘conditions’ in which they work best.



“ I ALSO USE THE WOBBLE BOARDS. I USED TO ALWAYS GET IN TROUBLE AT MY OLD SCHOOL FOR FIDGETING NOW I DON'T. WHEN I USE THE WOBBLE BOARDS I CAN FOCUS BETTER. ”

– E.B GRADE 6

Students inherently develop important, life-long soft skills such as:

problem solving
flexibility
creativity
collaboration
autonomy
self reflection

FLEXIBLE SEATING CLASSROOM NEEDS:

- 1 Clear expectations for use of seating and general behaviour.
- 2 Students “test-drive” every seating type so they can make informed decisions about where they can work best.
- 3 Shared storage for workbooks, folders, stationery and other materials.
- 4 A few more spots than the number of kids in the class.



ACADEMIC BENEFITS

- increased motivation
- increased engagement
- higher academic performance
- improved behaviour



PHYSICAL BENEFITS

- increased metabolism
- increased oxygen flow to the brain
- burning extra energy
- improved core strength and posture



**“ I LIKE WHEN MISS S COMES TO HELP US.
SHE WILL JUST SIT WITH US WHEREVER WE ARE
SITTING EVEN IF IT'S ON A CUSHION ON THE FLOOR.
I THINK THAT'S COOL. ”**

– M.P GRADE 6

Sources:

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